Last Thursday all classes participated in our Eat Well, Be Active day, having lots of fun, despite the inclement weather.

The day started with a display of fantastic fruit and vegetable sculptures and pictures. The creativity of students and their families was amazing, so thank you to parents who supported this.

Mr Robinson organised activities in the gym which allowed classes to be active. Michelle from Southern Fleurieu Health, also Linda and Jenny from Community Foodies, organised activities about healthy eating.

Students were able to measure the amount of sugar in popular drinks by reading their labels, and tasted different water flavours. Classes enjoyed healthy fruit, whilst others had healthy lunches.

The 2 and 5 man made a surprise visit to the afternoon assembly. Unfortunately the fun run did not take place, due to wet weather, but will now be held on the last day term.
**JUNIOR PRIMARY ASSEMBLIES**
(change of time and weeks)

Next term as a trial, Junior Primary Assembly will be held at the beginning of the day on a Friday. The assembly will commence at 9:15 and go for 30-40 minutes. It will still be held in the old gym. The weeks it will be held are also going to be different. Assemblies will happen as follows:

<table>
<thead>
<tr>
<th>Week 3</th>
<th>Friday 1st November @ 9:15</th>
<th>run by Mrs Vickery Howe’s class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 5</td>
<td>Friday 15th November @ 9:15</td>
<td>run by Ms Andrea’s class</td>
</tr>
<tr>
<td>Week 7</td>
<td>Friday 29th November @ 9:15</td>
<td>run by Mrs Crickmar’s class</td>
</tr>
<tr>
<td>Week 8</td>
<td>Thursday 5th December @ 1:30</td>
<td>Christmas Assembly</td>
</tr>
<tr>
<td>All classes will do an item</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

We look forward to the same parent support at this new morning time as we have had in the afternoon.

Thank you
Julie Kelly and Junior Primary staff

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**LOST CLOTHING**

If your child has lost clothing while at school please be aware that stray clothes are taken to the Front Office where they are checked for name tags. If they are named they are returned to the child’s home class teacher. If the clothing has no name tags it is placed in the lost property room. Please come to the office and ask to search for with your child for any lost clothing.

Be aware that most of these items are usually found in areas away from their home class rooms, be it the Indo room, Music, Gymnasium/s, or even down on the oval. It is therefore a good idea to check with your child whether they had attended any of these areas prior to losing a jacket etc. and if so, to please check back there for the missing item as well as checking at the office.

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**ENTERTAINMENT BOOKS**

Entertainment Books are still available at the front office $65.00. $13.00 from each book goes to the school. Books can be collected and paid for at the front office by Friday 27th September 2013.

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**AFTERSCHOOL SURFING**

- Information and consent forms have been delivered to year 5,6,7 classes.
- If your child didn’t get one they are available from Mrs Robins’ (Green 5) or front office.
- Money ($135) payable by Wednesday 25th September.

Jan Robins

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**CANTEEN**

For the remainder of the term the canteen will be running a special offer on Tuesdays. Order a Tuesday special - a toasted ham & cheese sandwich or ham, cheese and tomato with an ice cream slice for $4.00 and go into a draw to win a canteen voucher.

For a limited time we are selling strawberry yoghurt pouches for only 50c.

Please remember to wrap all lunch money in clean paper or place it in a small plastic bag, the lunch bag can then be folded to prevent money falling out. Taping or stapling of bags is not necessary.

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**YEAR 6 & 7 TRIVIA QUIZ**

On Monday the 2nd September, all students from the year 6 & 7 classes had their turn participating in the annual Muscular Dystrophy Association’s Trivia Quiz, which was held in the school gym. This followed a similar format to the year 4 & 5 quiz which was held on the 14th August. The students organized themselves into teams of 4, with many wearing the colour red and most bringing along snacks to share.

The winning year 6 team members were Marcus Lippett, Lachlan Williams, Jack Edwards and Amy Johnson from the Mildenhall class, and the year 7 winners were Oli Price, Tia Hendy, Sophie Jaeger and Brooklyn Steyn from the Niven class.

All of these students are to be congratulated on their achievements, and are now eligible to compete at the State Final in Adelaide next month.
Our two week Fregon experience started Monday morning 12th August. This 33 year tradition is one sure not to disappoint.

The cultural camp experience started on day one. We made our way through Woomera, Coober Pedy, Fregon, Yulara, back to Coober and Pt. Augusta.

The 32 year 7 students and 10 supervising adults were privileged to be involved in mixing with the Fregon students, teachers, parents and elders who helped us gain an insight into the rich culture and history of the Fregon mob. Celebrating our arrival, we were fortunate enough to experience a traditional dance called the Inma. This involved students being separated into boys and girls and being painted in traditional emu, fire or witchetty grubs; boys in the Emu dance and girls the Fire or Witchetty Grub.

Some of the other experiences whilst staying in Fregon included spear making for the boys, gum nut necklace making, a traditional art and language lesson, and the infamous witchetty grub hunting/eating. Those brave enough to tackle the raw witchetty grub quite enjoyed the experience, whilst others found the cooked meal much more appetizing. After an exciting and busy three days in Fregon, we celebrated our last night with a disco with the Fregon community.

We departed Fregon for Yulara where we continued our cultural journey. We had a lesson from a Park Ranger, who helped us understand the history of the Kata Tjuta National Park, including Uluru. We then experienced spectacular walks around The Olgas, with some of the group undertaking the Uluru base walk whilst others chose to walk to the summit.

Our journey home continued in the positive mood of the whole trip. Most students were excited about seeing their loved ones back home, ready to reminisce, show photos and tell stories of their many memories.

We would like to thank all involved with the set up, parents who provided snacks, and parents who participated during, and after, the camp. The Fregon Camp is a very special experience that has helped create a strong bond between the year 7 students. They have all learnt something about themselves, especially how resilient they are or have become.

In November this year, we will see the upper primary Fregon mob, including some elders, come to visit Victor Harbor and our community. We will be asking the Year 7 students involved in this year’s Fregon camp if they would be interested in billeting the Fregon students during their stay here in November.

We are looking forward to continuing this Victor Harbor/Fregon school tradition next year and welcoming year 7’s for 2014 to the exciting and rewarding experience.
Let's Read®
anywhere, anytime

Reading with young children

Why should I read with my young child?

- Reading is vital for your child’s development.
- Sharing books with your young child helps them to start to develop the sort of skills that they will need when they start school.
- Reading together is not trying to teach your little one to read before they are ready. It is helping your child to develop a love of books.
- Reading together from an early age helps your child to understand how a book works and to learn how much fun they can be.
- Sharing books together is a special time. The pictures and words in the book give you lots of things to have fun with, talk and laugh about, all while you bond with your child.

When should I start reading with my young child?

- Reading together is a chance to hold your baby in your arms, for your baby to listen to your voice, and for you to share the pictures in the book. Babies love all these things, so why not start as early as possible.
- There is no specific age to begin sharing books together. Some say that reading with young children can begin soon after birth. Other parents like to start around 4 to 6 months because your baby will have some head control then and can sit up in your lap. You should start whenever you’re ready.

How do I get my young child involved?

- Try to find a quiet space to share books (turn off the TV and radio) so your child can hear your voice. A quiet space will let you both enjoy the experience.
- Get comfy together, and sit so that you can both clearly see and touch the book. Encourage your toddler to point to things in the book and turn the pages.
- Let your child choose the books.
- Your child might like to have the same book read over and over. Imagine how good your child will feel about themselves when he or she tells you the word that finishes the sentence or describes what is going to happen next.
- Your child’s interests will change as they grow. When they choose the book you are supporting your child to share their interests with you.

- Play games and have fun. Books can help you get started on lots of different activities. Your infant will like being moved to the rhythm of the book and actions that match the book. There are many stories that are actually songs. You can sing them together!
- Ask questions and point to familiar things in the book. Help your child to explore what they see in the book and relate it to their real world. Ask about things they like, things they have seen before, the colours they see, and to count things on the page.
- Join the library. It’s free. Your child will have fun selecting the books and have lots to choose from. You may also be able to go to “read aloud” sessions at the library. You and your child will see many people who love reading and have lots of fun.

The Australian Government is working in partnership with the Murdoch Children’s Research Institute and The Smith Family to deliver Let’s Read.

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