Heritage nature fun and Skill building.

Throughout the spring holidays SFOSHc ventured all over SA, taking in the amazing nature spaces we have to offer. We went to the Kuitpo forest for a day out built our own nature cubbies, swung on rope swings, learnt about trees we can climb on safely and snake awareness. Working as a team proved to all children we could attempt to make huge cubbies that could shelter us if we stayed the night. We had nature hunts looking for feathers, stones and fire building materials. Tie Dyeing our own tops had to be a huge highlight with every child designing their own memories. Outdoors was the key of these holidays visiting St Kilda playground and going crab hunting too. Learning new skills the children used hammer, hack saws, pulley systems and compasses in the wild. We loved our re WILD YOURSELF holidays next time you can join in too.

Call the OSHC offices on 8552 8301 enrol TODAY.
BUILDING RESILIENCE IN CHILDREN

A parent workshop will be held on Monday 17th November from 7.00-8.30pm. The venue will be the Seminar Room next to the Student Services area. A free crèche will be provided at VOSHC. Guest speaker is Donna Broadhurst a Psychologist and an expert in supporting children to manage friendship problems, anxiety and dealing with bullying. A question time will be part of the workshop. We urge you to take up this opportunity and put the date in your diaries. A flyer will be coming home next week with further details.

Kind Regards
School Leadership Team & Governing Council

REMINDER: NO HAT – NO PLAY

NO HAT NO PLAY POLICY

Please remind your child/ren to have their hats on whenever they are outside for an extended period of time. Our school policy dictates that a student without a broad rim hat (caps not allowed) will be redirected to an area under shade, if this is not followed the student may receive a consequence for not following instructions.

STRATHALBYN SWIM CLUB

UPDATING PARENT INFORMATION

If your contact details have changed please notify the school by ringing the front office on 8552 1166, coming to the front office in person, emailing us on the above address or writing a note in your child’s diary. You can also notify the school of your child’s absence the same way.

SCHOLASTIC BOOK CLUB

Book orders are due back at school by Friday 24th October. Please hand money and order forms to the front office.

LOST PROPERTY

Please ensure your child’s clothes have all been named so they can be returned. Unnamed property is washed and returned to the school and used as spare uniforms. We have a few special jumpers that are unnamed: 1 Flinders jumper, 1 hooded SAPSASA Hockey 2014 jacket and 2 hooded SAPSASA State Carnival jackets that are unnamed. If these are yours please collect form the office.

Visit goswim.org.au to register
Southern Fleurieu Blue Light Disco Committee is happy to announce the next Underage Rage is going to hit the Streets of Victor Harbor on Friday the 24th October 2014, (so please put this date in your diary).

We are holding the disco at the Victor Harbor Recreation Centre’s General Purpose Hall

5 George Main Rd Victor Harbor,(next door to the High School). The drug and alcohol free event will again be located in a safe, monitored environment with police officers and volunteers of the Blue Light Committee where young people can dance catch up and have a fantastic and fun night.

The disco will be held in two age groups 7-11 years olds from 6.30pm – 8pm and 12 – 17 year olds from 8.30pm – 10.30pm on Friday the 24th October 2014.

Refreshments, giveaways and great music is on offer, so get those dancing shoes ready and don’t miss out. “This will be a great night out for all of you young people aged 7 to 17. DJ Roxy will be cranking the tunes and there will be heaps of fun giveaways throughout the night. The Underage Rage is a LOCK IN event so we will need parents to drop you off and pick you up at the DOOR, also for the younger ones can you please leave your phone number in their pockets or hand bags just in case you are needed ?

This event is an alcohol and drug free event for the young people of the Southern Fleurieu, so come along and have some fun, entry fee is $5 and tickets are to be sold at the door. A canteen is available with very cheap drinks, chips and chokies.

The Blue Light Disco is an initiative of the SA Police and is organised by the Southern Fleurieu Blue Light Committee.

For more information call Senior Constable Jane Pink on 83981752 or Lucretia Sperring on 85510586.
Boat/Jet Ski

Marine Licence Exam Night

$35.00 seats limited – bookings essential

Opportunity to sit the exam after hours!

Victor Harbor R-7 School, The Parkway Victor Harbor


Monday 1st December – Start 6.30p.m. SHARP

HELD APPROX. 5 times per year, call for the next date.

The SA Recreational boating Safety Handbook should be studied before arrival. You will be shown a power point presentation (approx. 90 Minutes) by our local Marine Safety Officer then sit the exam which is marked on the night, if you pass you are then accredited and can visit DETI Customer Service Centre (Service SA), and convert this to a full licence.

(There is a licence cost of $34.00) age 16 and above.


- Cost for presentation and exam $35.00. Pre booking is essential as numbers are strictly limited.
- Refresher $10 (already licensed, but would like to watch the presentation)
- Juniors (12-16) $15 welcome to sit the exam for special permit
- (Please ring 1300 363 805 for full details of special permit)

** YOU MUST BRING: Valid Photo ID to the exam**

Presented as a community service: Proceeds to VHR-7 Primary School Chaplaincy programme; Chaplain Maureen Moores and the programme designed to cater for the needs of disengaged primary school students. Teacher in charge: Liz Edwards.


Ring Meredith for booking on 8552 4833 B/H
8554 4333 A/H
0418 890 948 Anytime
Meredith@fcrash.com.au

WASH, WIPE, COVER... don’t infect another!

PREVENTING THE SPREAD OF INFECTION

Common diseases such as colds, flu and tummy bugs can be spread in several different ways. Washing your hands, wiping down things you use, and covering your coughs and sneezes will help keep you and others healthy. If you are sick stay away from school until you are better.

Wash your hands often.

Through washing and drying of your hands is one of the best ways to stop the spread of germs.

Clean your hands often, but especially after going to the toilet.

Try not to touch your eyes, nose and mouth, or food until you have washed your hands.

Your hands should be washed with soap and warm running water for at least 10 seconds, then dried with a clean cloth or paper towel.

You should wash your hands:
- before eating any food
- after going to the toilet
- after coughing, sneezing and blowing your nose
- after playing with pets

Wipe things clean.

By wiping things clean you can remove most germs.

Wipe over the things that are shared with others, like sports equipment, calculators, toys/games.

Keep the area where food is eaten clean.

Cover coughs and sneezes.

Cover a cough or sneeze with a tissue or your arm, not with your hands.

Drop the used tissue immediately into a bin and then wash your hands.

If you do have to cough or sneeze into your hands, wash them straight away before touching anything else.

Remember to turn away from other people when you cough or sneeze.

DON’T INFECT ANOTHER!

For more detailed information visit:

www.health.sa.gov.au/infectioncontrol

Government of South Australia
SA Health